## **Exmoor Link Federation**

Menu October 2025 – April 2026

	 	Week 1	Week 2	Week 3
Week Commencing:	         	3 <sup>rd</sup> Nov, 24 <sup>th</sup> Nov, 15 <sup>th</sup> Dec, 19 <sup>th</sup> Jan, 9 <sup>th</sup> Feb, 9 <sup>th</sup> March, 30 <sup>th</sup> March.	10 <sup>th</sup> Nov, 1 <sup>st</sup> Dec, 5 <sup>th</sup> Jan, 26 <sup>th</sup> Jan, 23 <sup>rd</sup> Feb, 16 <sup>th</sup> March.	17 <sup>th</sup> Nov, 8 <sup>th</sup> Dec, 12 <sup>th</sup> Jan, 2 <sup>nd</sup> Feb, 2 <sup>nd</sup> March, 23 <sup>rd</sup> March.
Monday	A B		Pasta Bolognese with Garlic Bread Quorn Bolognese with Garlic Bread	West Country Sausages Quorn Sausages With Creamy Mashed Potatoes & Beans
	С	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
	!	Pancakes, Bananas & Ice Cream.	Jelly, Peaches & Cream	Chocolate Ice Cream with a Wafe
Tuesday	A	Cottage Pie	Sweet and Sour Chicken Balls	Hunters Chicken
	В	Quorn Pie With Seasonal Mixed Vegetables	Quorn Chicken Balls With Egg Fried Rice	Mixed Bean Chilli With Rice & Sweetcorn
	С	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
	 	Carrot Cake	Pineapple upside Down Cake with Cream	Banana & Blueberry Muffin
Wednesday	Α	Roast Chicken with Stuffing	Roast Pork with Apple Sauce	Roast Beef with Yorkshire Puddin
	В	Quorn Fillet With Roast Potatoes, Seasonal Vegetables and Gravy	Vegetable & Lentil Crumble With Roast Potatoes, Seasonal Vegetables and Gravy	Homity Pie With Roast Potatoes, Seasonal Vegetables and Gravy
	 	Chocolate Brownie	Sticky Toffee Pudding	Eton Mess
Thursday	Α	Pork Meatballs	Mild Chicken Curry	Beef Lasagne
	В	Veggie Meatballs With Mediterranean Tomato	Sweet Potato Curry Bites	Vegetable Lasagne
	] ] ] ]	Sauce and Pasta	With Rice, Peas & Naan Bread	With Garlic Bread and Coleslaw
	С	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
	i I I	Raspberry Sponge with Pink Custard	Jam & Coconut Sponge with Custard	Toffee Apple Crumble with Custard
Friday	Α	Cod Bites	Oven Baked Fish Cake	Oven Baked Cod Fish Fingers
	В	Vegetarian Sausage Roll With Chips & Beans	Cheese and Tomato Pizza With Chips & Salad	Crispy Battered Vegetables With Chips & Peas
	ı	Jacket Potato with a selection	Jacket Potato with a selection of	Jacket Potato with a selection of
	С	of fillings	fillings	fillings